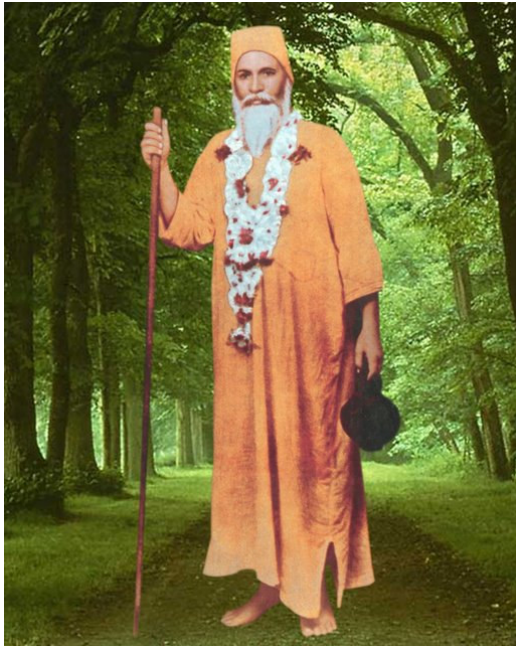


OM SHREE SATNAM SAKHI

SATSANG OF SWAMI BHAGAT PRAKASH MAHARAJ
28TH AUGUST 2008 IN LAS PALMAS



**Sanatan dharma ki jai
Govind jai jai gopal jai jai
Radha raman hari govind jai jai**

**Mili saad sangat saan
mann jiyun maagu mod
jaagi bandhan chod
pehenje hathen pehenja ra**

In the company of other disciples says Swami Teoram we should try to divert our mind from all the ties of this world and recite the name of God.

**Gaflat mein na gavaiye manush deh
mahaan
Kahe teoon tum jagke bhajle shri bhagwaan**

We should not waste our life in unnecessary things says our guru Swami Teoram Maharaj. Be awake

my friend and sing the chants of your Lord.

**maat garbh mein tu ulto murakh latke pyien
chaurasi lakh juñiun mein tu bhatkiye pyien
janam dino hi bhagwat aa yaad tu rakje dil mein
vari kon indo indo vari kon indo**

After going through 8.400.000 of different forms we have gained this human birth. We were born upside down in our mother's womb. This human birth is given to us as a gift from our Lord. We should always try to remember this says our Guru, that we will not get this birth again.



**satsang kar tu sharda saan
manush janam iho
vari kon indo indo vari kon indo**

Swami Teoram in their ambrosial words tries to explain us that this human birth is like a blink of eye. It will pass away in a moment. So wake up from the sleep of ignorance and concentrate in the name of God. Our life is precious and at the same time it is unreliable so we should not waste it in unnecessary things. Human birth is

like a bud of flower you never know whether it will open up or no. The breath which we release is not sure of returning so we should try to give up laziness and remember our Almighty. All the bonds which we have created around us will come to an end in just a moment when our breath stops.

So we should be aware and try to divert our mind on the right path and try to do good deeds in our life. By reading religious books our mind will try to understand the meaning of life. We should not think that in spite of reciting naam still we have not gained the presence of God. This is possible with a lot of meditation and sacrifices which we have to make in order to gain the eternal bliss. Says Lord Krishna in Bhagwat Geeta that after going through countless births a human being comes and unites with me.

Karat karat abhyaas ke jadmata hot sujaan lakdi avat jaat te sil par padat nishaan

The dirtier our garment is the more we will have to wash it. The more credit we take from someone the more time we will take to return it. In the same way we have many things filled in our inside some of this present birth and some of our previous births. Till we do not cure all these things our inside will not become pure and clean. Some are able to control their mind in a few days whereas some take many years to do it, but the ways and means to reach God are the same for everyone. So we should keep on trying to divert our mind from all the worldly vices so that it is able to concentrate in the name of God. Our mind is not stable so we have to keep struggle in order to rule over it..

If we wish to reach our destination we have to take the necessary transport for it, in the same way our feet are our transport to reach our house but if we hesitate to move we will not be able to reach our home. In the same way our naam is our transport to reach God and if we do not recite it we will not be able to gain our eternal abode. Our Gurus try to make us understand that we should not get tired and stop in between our destination but we should keep on moving on the path of god even if it is very long and tiring. For this purpose God has given us feet to keep walking and one day we will be able to reach our destination and that is to unite with our almighty.

Kabhi to deen dayal ke falak padegi kaan

Someone's destination is close by whereas someone's is far but one day everyone will be able to reach it. So we have to go on doing good deeds and go reciting the name of God. One has to study hard in order to pass in his exams in the same but if he gets disappointed and leaves his studies in between he will not reach anywhere .so we also have to keep on reciting the name of God slowly and steadily.

Pandh perenjo visare hal ihe saun ta de Jeka nahe her unte paan herain khape

Our feet will get tired one day and will leave us behind but our true love and devotion for God will help us to reach our destination. So we should try to understand the message of our gurus, our life is very short it passes away in few seconds. We think that the days ahead of us are like ages which we have to go through but when we look behind we feel that our days have passed away in an instant. Our life is short and our

destination is very far and only devotion and the name of god will help us to reach it. This will also help us to gain our peace of mind. We think that we have many things to do in our life and our desires are endless but we don't realise that once our life comes to an end all our wishes and desires will be left behind. All these things we will understand by listening to the discourses (satsang) of our gurus.

So let us pray for our peace of mind and strength to recite the name of god at the lotus feet of our gurus

**Jai jai jai teoram swami
Kirpa karo guru antaryami.**

OM SHREE SATNAM SAKHI