

OM SATNAM SAKHI

Satsang of Swami Bhagat Prakash ji Mahraj Tenerife 8th August of 2008

Doha Nischal man se milat hai, nischal atamram,
Teoon man nischal kare, pao sukh ka dham

Bhajan Ban daas hikre dar jo, gand dil ji taar hik sahn
Sanmaan kar sabhinjo, par kar tun pyaar hik sahn.....

Chant with love Satnam Sakhi

Acharyaa Satguru Swami Teoram ji Mahraj says in his nectarous words, that we have to be one - pointed, and always control the waves of the mind for us to achieve the supreme state. There are many different names for the Gods we know, but all the various names by which we each worship them are only different aspects of the same supreme power. If we allow our mind to be distracted by mere physical aspects, we will lose sight of our purpose on earth. As our Satguru explains in the above bhajan, we can only reach the level of water if we go on digging in the same place. If we go on digging in different places, we will never be able to find water. In the same way, all boats have only one purpose, which is to ferry us across. So if we find our boat and stay in the same one, we will surely reach the other shore. We should keep faith in one boatman and not change the boat midway through our journey. The world is an ocean of samsaras, so if we keep our faith steady and do not let our mind be distracted by worldly affairs, we will surely be able to conquer the waves of joy and sorrow and reach our destination. The Vedas say that this ocean is full of the water of attachment, and overrun by the creatures of anger, greed, desires and the ego. Also delusions trap the mind like a whirlpool does, and draws us down into the vices of the world. The mind has to be constantly on its guard and protect itself from these dangers.

In the Geeta, Arjun pleads with Lord Krishna to explain how he can control this mind which keeps traveling all over the world at great speed and which refuses to stay still.

Yeh man bara chanchal hai, kaise tera bhajan karun.
Jitna isse samjahoon , utna hi machaljaae
Satguru tere charnon ki, gar dhul jo miljaae
Sach kehti hai duniya, kismat hi badaljaae.

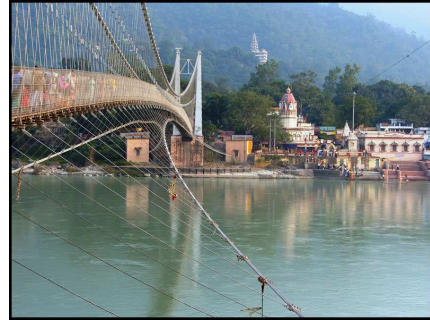
Bhajan or meditation is done with the mind and even if the body is forced to sit still in the asan pose, your reciting of the name will have no results if your mind keeps straying. The hand can be turning the mala (rosary) but if the mind is not in tune with your meditation, it will be difficult to achieve the supreme state. Each man has his own karmas (actions and reactions) to fulfill. He may perform these actions in secret or in full view of other people, but in the courthouse of the Lord, all his actions will be taken into account. He will have to bear the fruit of all his actions, whether good or bad. Each man is his own master. He has come to this world alone and he has to choose carefully the path which will lead him to salvation. He has to ponder deeply on each of his actions and make sure that he is on the right path and not be misled by what other people are doing.

Lok duniya jaa chaa bhi kan piyaa, tehn meh tuhinjo chaa
Harko bhoge pehenji karni, tun na jeeaa jalaae
Kuch guzri, kuch guzri vendee, man meh na gabraae
Thore jiyarn je khatir, Pir kahn muhiro kina mataae,
Aukhi saukhi, oh preetam pyaara, pehenii tor nibhaae

You have to be true to your dharma, and accept all changes. Nothing is unchangeable in this world. Every thing changes, even our physical body keeps on changing as the years go by. What we were yesterday, we are not today, and what we are today, we are not going to be tomorrow. Slowly the body passes through all the stages of life and finally returns to the dust. This is the fate of all beings. The Gita says that the world is full of sorrows, but even if one is burdened with great difficulties, by having full faith in the Lord and the scriptures, and with the support of a Satguru, surely all his sorrows will be mitigated. By chanting the Lord's name, all our delusions will disappear. But we must do it with full faith. We have

received this human body by the grace of the Lord, and with the grace of the Satguru we have been led to see the light through satsang... It is now up to us to wake up spiritually and open the doors to receive the light of the supreme knowledge. We should be ready to receive this knowledge and not leave this world empty-handed.

Nirmal Ganga, neer nahaane, bhagyavan aate hai
Beht kinare, laut jo jaae, anand na pate hai
Guru gyan ki Ganga me, magan ho dubki lagaana tum
Jeevan toh amolak hai, isse na vairth gavaana tum
Swaason ki mili punji, isse na muft lutaana tum



You come to the Ganges River and should not think of returning without having a holy dip in the waters. Likewise you have come to this world by the grace of the Lord, and have received countless treasures. You should not go away without absorbing the highest knowledge from the Satguru. Many have been given the opportunity to achieve salvation from the cycle of birth and death, but few have managed to understand with their minds. Let it be known that those who have meditated on this supreme knowledge and realized the power of the Lord's name, will live happily in the here and the here after.

Yeh man bara chanchal hai, kесе tera bhajan karu
Jitna use samjaau, utna hi machal jaae
Guru var tere charno ki, bas dhul jo miljaae
Sach keheti hai duniya, kismet hi badaljaae.

Tum hi satguru tum pita mata tum hi hari har tum hi vidata
Hum hai bikhari tum ho data, baar baar lakh baar na mami
Jai jai jai teonram swami, kirpa karo prabhu antaryami

OM SATNAM SAKHI