

OM SHREE SATNAM SAKHI

Satsang of Swami Bhagat Prakash Maharaj
Las Palmas 31st July 2008

**Sarva santan ki jai
Prem prakash mandal ki jai
Amrapur darbar ki jai**

**Shree ram jai ram
Jai jai ram**

**Main mera guru charan mein
Dijiye bhet chadaye
Kahe teon tirlok mein
Jeevan mukt ho jaye**

**Mann ke hare hariye
Mann ke jeete jeet
Mann hi se prabhu paiye
Mann hi se parteet**

**Diyo dar datar jo
Man maré hal hath hare hal
Sain je darbar de
Mann mare hal hato hare hal**

**Malik beparwah athai
Bhav dhare hal hath hare hal
Maalik je darbar te**



In His ambrosial words, Satguru Swami Teonramji Maharaj tries to explain to us that sorrow doesn't lie in this world, but it lies in the love we have for this world. Wealth itself does not contain any misery but our desire to attain it, brings misery for us. There is no sorrow in our family but the bond of love which we have created with them brings unhappiness and sorrow in our lives. One rupee note will not tell us to go to a liquor shop it is our mind which guides us towards it. Our lives are dominated by the mind. It is the most powerful force in this world. It binds as well as liberates a person. It is the door of virtuous actions or sins. The worldly vices do not bring any pain but it is our mind which diverts towards them that brings pains and sorrows in our life. Our five senses are controlled by our mind and thus our actions be them good or bad are committed.

Our body is like a chariot, the passenger is our soul, the strings of this chariot are directed by our mind and our conscience is the driver of this chariot. Our body is not only the external presence but beyond this is our mind and beyond our mind is our conscience. Whenever we have to take a decision two thoughts arise in our minds: positive and negative. We sit to think the good and bad consequences to the deed before taking any step. Our conscience helps us to decide, but the one which rules our thoughts is our mind

and the one which is bound by our behaviour is our character. We judge a person depending on his/her character.

Our scriptures and saints remind us continuously that we should give up lethargy and concentrate in the name of God. We have been blessed with all the ways and means to lead our mind on the path of our Almighty. In this way we will be able to keep ourselves away from all sorrows and pains of this world. Our endless wishes and desires make our mind unstable and bring us unhappiness but one who frees himself from all the worldly vices will always be unaffected by his/her environment.

**Chah chavadi jurdi, asli tan ki reet
Tu to paar brahma hai, kar chah na hoti preet
Chah nahin chinta nahin, manva beparvah
Jisko kuch nahin chahiye, so shahan ka shah**

When Lord Shree Ram was exiled to the jungle, He asked a rishi where he could stay, without creating any disturbance to anyone else around. On that, the rishi advised Shree Ram that He should live like a person who has detached himself from this world, one who has eternal love for God; just like the love a mother has for her child without expecting anything in return. The string of love which binds him with his mother is pure and free from any selfish thought. God always resides inside such a person who shows true love towards him without keeping any wish or desire in his mind.

When a child wants to play his mother she gives him a toy and leaves him to continue with her chores, but if the child is not satisfied with the toy, his mother takes him under her arm and tries to satisfy his wish. In the same way, when our mind is filled with the worldly richness and our family bonds, the blessings of God seem far away from us but once our mind is detached from all the worldly issues, God himself will take us under his shelter and will seem much closer to us. It is very difficult to control our mind and keep it away from the distractions of this world.

**Bhajan: Moti na ki laal ghuran, madiyun naki maal ghuran
Raag naki taal ghuran, rasan rasal ghuran
Swarg na paatal ghuran, naki ghana swaal ghuran
Darshan ji aas, hik darshan ji aas**

**Ram saan milaye, mukhe shaam saan milaye
Iha ardaas guru iha ardaas**

**Saawal ji sik ahe, darshan laye dil chahe
Jeko das thaye, tehetan ghoryan sees laye
Vendas maa hodan kahe, jite muhinjo shaam ahe
Pasarn ji pyaas, hik pasarn ji pyaas**

**Ram saan milaye, mukhe shaam saan milaye
Iha ardaas guru iha ardaas**

Translation: I don't want any richness of this world my Lord nor do I want to attain heaven. I just crave for your glimpse my Almighty, so please bless me with your sacred

vision. Whatever you give me I will accept it willingly .My heart will always follow you my Lord because I am anxious for your one glimpse so please bless me my Almighty. This is the prayer which Swami Teonram does to his guru. If we wish to gain our peace of mind we have to concentrate in naam but if we divert our mind in other things we will not be able to control it. When we sit for meditation we have to think what our aim is only then we will be able to meditate. We have to control our mind .There is no need to ask, god always takes care of his disciples he knows what each one needs just like a mother knows what are the needs of her children. We should try and leave our burden to god because only he knows how to solve all our problems. We have to complete our duties in this world but we should not bind ourselves with them. We ask god for richness and comforts he will give us but our peace of mind will not be gained by these material things .We have to give up all the desires in order to gain our peace of mind says our gurus.

**Vatan te lakh patani hikda achan biya piya vañan
Patan jo tu poor jani veh dhani to doh kare
Rahe duniya mein deh sudho par duniya khe dil na de
Dil je diyan saan dilbar diljí shanti vendeh chade
Bhavar ja vath vaas par mehkum na raho hun raaj te
Khambar na khavand athai punri tu pehenji van chade
Rahe duniya mein deh sudho par duniya khe dil na de**

God has created this universe but he has not filled it with unhappiness and sorrow. The bond of love which we have created around us brings sorrows and pains. We have to detach our mind from this material world in order to gain peace. A butterfly drinks the nectar of the flower but then it flies away and does not retain itself on the flower. Likewise, a fly which sits on the rim of the bottle of honey drinks a little and then flies away but if another fly tries to abuse the honey and wishes to drink more it will fall inside the bottle and will drown itself and without being able to fly. Similarly, us human beings can drown if we increase our wishes and desires for the material things of this world and will not be able to gain our peace of mind .We have to limit our desires in order to be away from unhappiness and sorrows because our greed will never let us be happy in this world.

God has given us eyes to admire the beautiful things of this universe, ears to listen to the wonderful music around and legs to travel and visit places but we have to control our mind in order to be peaceful. We have gained this human birth but this is not the end; we have to go ahead even after our death. So whatever good deeds we gain in this human birth will accompany us to our next reincarnation. We have to keep on doing good from our childhood to our last breath.

God is very generous. He always helps us follow the right path and will continue to do so even after our death; He will always be with us .Our body will be destroyed but our soul is immortal and even if we gain a different form in our next birth our soul will be the same. Just like we change our clothes every now and then, our body remains the same. All our good deeds accompany our soul in the following reincarnations.

**Bhajan: Karam kare jo peheri ayen
Tehejo fal tu hañe payen
Hañe jo fal agate thayen**

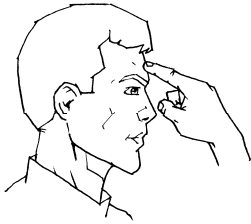
Jurat kare vath jeev jhuki

**Hot lun ji chade khutaye
Kadur kare so desh banaye
Chavan vadanjo ihen ahe
Suttanji vayi hadak luti**

**Mann soch tu kuch loch tu
Vethe vendey khua ta khuti**

All the good and bad deeds which we have done in our previous births have come to us in the form of our destiny in this human birth; and all the deeds of this birth will make our destiny for our future reincarnations. It is our deeds which bring sorrow or happiness to our lives and not God. Just like one judge listens to the case before giving his judgement, likewise God also gives us happiness or sorrows after considering all our good or bad deeds. Thus our Guru tries to make us aware that we should give up lethargy and always recite the name of God be it little time in order to make the destiny for our following lifetimes.

In Bhagwat Geeta Lord Shree Krishna tries to explain to Arjun that one whose devotion for God in his present birth is left incomplete due to his/her death, it is not forgotten. On the contrary, in his/her next birth God gives him all the comforts and makes his life easy. This is the blessing of the Almighty on us: He does not forget his disciples even after their death. God will always protect one who follows his path. So we should keep on doing good and keep on reciting the name of God. If we fall asleep while writing a letter if this does not mean that whatever we have written is a waste, given that when we wake up we can continue writing from where we left it. In the same way death is like our sleep: whatever we have gained during our lives is not a waste as after our death we will continue to our next birth carrying any previous deeds. This whole universe is based on the deeds we have done so let us control our mind and lead it on the path of God.



**Aadi phal vichaar ke tum kar peeche sabh kaam ji
Yeh vachan mann mahi dhare paye sukh araam ji
Bina vichare jo kare so peeche pachtaye
Kaam bigade aapno jag mein bhoot hatare**

Before doing any deed we should always think whether it is good or bad given that we could regret the consequences throughout our lives. We should always listen to the advice of our Guru to control our mind and thus gain their blessings:

**Tumhi satguru tum pita maata
Tumhi harihar tum hi vidhata
Hum hain bhikhari tum ho daata
Baar baar lakh baar namahmi**