

OM SATNAM SAKHI

Spiritual Speech of Swami Bhagat Prakash Maharaj 30 August 2008



ਸ਼੍ਰੀਗੁਰੂ ਸੁਆਮੀ ਭਗਤਪ੍ਰਕਾਸ਼ਜੀ ਮਹਾਰਾਜ

DHUNI

Shree ram jai ram jai jai ram
Shree ram jai ram jai jai ram

Satguru mukhe mann maa keen visarjen
Darshan deyi dil tharjen tharjen

BHAJAN

Oh my Lord please do not forget me, I pray for you to bless me with your sacred vision.

Jehdo ayaan tehedo tuhinjo
To bin Satguru bio na muhinjo
Baajh kare bajhara pehenji
Muhinjo saath kajen tu sehenjo
Nath nazar saan niharjen niharjen

BHAJAN

I belong to you my Lord, no matter how I am. I have no shelter besides yours. So please have mercy on me and bless me.

Tuhinji simirthe amrit ahe
Mual diliyun khe chade jiyare
yaad kare hin deen daas khe
Gaflat maa vath jald jagaye
Prem ji surkhi piyarjen piyarjen

BHAJAN

Your sacred vision is like nectar which revives a dead soul. I pray to you my Lord to please wake me up from the slumber of ignorance and shower on me the nectar of love.

Satguru mukhe mann maa keen visarjen
Darshan deyi il tharjen tharjen

BHAJAN

DOHA

**Kahe teon kar jod ke suniye kirpa nidhaan
Avagun keene bahut mein baksha liyo
bhagwaan**

Oh my Lord, prays Swami Teonram Maharaj, please forgive all the sins which I have committed. The path which leads to God is very difficult, says Swami Teonram, and we have to follow it very carefully. Our mind is very unstable and it will try to divert us from the path at every step we take. So in order to control it we have to keep it occupied with the name of God.

All the great rishis and munnis spent their lives in meditation and which is why they were able to rule over their mind. We read their history and realise that they also came across many difficulties and their mind tried to divert them from reciting the name of God but they were able to overcome all the obstacles with the blessings of their Guru.

DOHA

**Baalik baandar damani makhi kari ke kaan
Jaise ye chanchal sada taise mann ko jaan
Chayo mañe na mann gado karo kamaro
Jehenjo ma na piyu ko na ki des vatan
Hir mein kare khayal saan teyi lok gaman
Kadeh bhini thiye parsan kaden tami ruye raaj mein ram**

We see that a monkey, a child, a cloud and lightening are always unstable. Even a fly and the ears of an elephant are always in motion. In the same way our mind is never stationary. It gets diverted easily towards the worldly vices. In Bhagwat Geeta, Lord Krishna explains to Arjun that just as a storm carries away all the dried leaves on the ground, our mind, in spite of being calm and in the company of pious saints, is also easily diverted. So we have to make it understand and lead it on the path of God. For as long as we are alive, there are chances for our mind to be diverted from such path, so we should try to keep controlling it. The worldly environment will always affect our mind and this will make it difficult for us to control it but we should keep on trying to mould our mind and lead it towards the name of God.

Chothon pehenja chad maare
Kahe Teon dhan maata
Vaña totan balhare

BHAJAN

Ama rehenji kiyen indo
Hiyu saang fakiriya jo
Chau suraho kiyen theendo

Swami Teonram's mother, Maata Krishna Devi advises Him that to forget all your near and dear ones in order to concentrate in the name of God. Our religion makes us aware that our first teacher is our mother. When a child is born he is under the shelter of his mother and she is the one who teaches him to take the first step of his life. He learns everything from his mother. This is the most precious treasure which a child gains from his mother which he protects for the rest of his life.

In the same way Swami Teonram's mother also gives Him advise to keep His mind under control without letting any evil thought enter His mind. Do not let your mind be diverted towards worldly vices advises Maata Krishna to her son. Only the religious discourses and the pious company of saints will help you gain control over your mind and make it pure with good deeds. To listen to religious discourses (satsang) is one of the most important ways to reach God.



**Sant samagam sam nahin sadan ko jag mahin
Kahe teon bin hari kripa satsang milta nahin**

There are many ways but there is no way like satsang from which we get to learn all good things and there is no way like having the bad company of a person to destroy all our lifelong achievements. It is easy to adopt bad vices but it is very difficult to get rid of them. So we have to keep our mind away from all the bad things of this world and only then will we be able to concentrate in the name of God. We should try to read religious books and listen to the discourses of our Guru when as soon as we get the chance so that to prevent our mind from following the wrong path. We have gained this human birth by the grace of God so we should always try to be surrounded by good company.

There was once a crow and a swan which became good friends. They used to live together and eat together. One day they flew to the garden of a king and they both sat on the branch of a tree. After taking a stroll the king came and sat down below the tree where the swan and the crow were sitting. The crow dropped his dirt on the king sitting below and flew away. When the king looked up and saw the swan he thought that the swan had done it so due to his anger he killed the swan with an arrow. The swan fell at the feet of the king and realised that by being in the bad company of the crow my life has been destroyed. In the same way our mind also gets diverted easily towards the bad company so we should try to keep it away from that.

We should always remember our customs and our mother tongue even if we are staying abroad and try to be in good company. We should teach our children too. The new generation should be aware of our religion and our customs which have been followed throughout. We should always protect our religion and customs even if we are staying abroad, is what our Guru advises.



**Dharam apne mahin hardam pyar kar natna nahin
Sees jaave jaan de par dharam se hatna nahin**

There are sixteen teachings which have been given to us by our Acharya Satguru Swami Teonram Maharaj. One of them explains to us that we should always remain faithful to our religion upto the extent that we could give up our head but not our aims. Our house will always belong to us but our neighbour's house will never be ours so we always try to protect our own home. In the same way we should always protect our own religion. These are the valuable teachings given to us by our Guru.

In this life if we wish to do something useful we have to first destroy our desires and wishes in order to control our mind. In this way, it is not easily diverted by the worldly vices and we will be able to concentrate in the name of God and make our life succesful. With the blessings of God we have gained this human birth and we should lead it very carefully by staying away from bad company.

Jeevan to amolak hai ise na viyarth gavana tum
Swaason ki mili punji ise na muft lutana tum

Nirmal ganga neer nahane bhaagyawaan aate hai
Baith kinare laut jo jayen anand na paate hai
Gur gyaan ki ganga mein magan ho dubki lagana tum
Jeevan to amolak hai ise na vyarth gavana tum...

BHAJAN

Chhaee hai ghanghor ghatayen rim jim badra barse
Ulta bartan bhar na paya boond boond ko tarse
Tu sanmukh ho gurmukh prem se isthar ho jaana tum
Jeevan to amolak hai ise na vyarth gavana tum...

Our human birth is very precious so we should not waste it in unnecessary things. Our breaths are most valuable so we should not waste it. One who is fortunate will bathe in the sacred waters of river Ganga but one who does not value it will not enjoy. When the rain falls, one who needs water will make the most of it but one who keeps his utensil upside down will strive for every drop of water. God has given us this human birth so we should try to make the right use of it. God has given us everything but we have to control our mind and for this He will give us strength. Everyones body is composed of the same elements but the mind is different so it is in each one's hands to control their mind.

There are air waves around us but each one will choose his own channel to listen to the radio .One who wishes to listen to religious songs will find that channel but one who wishes to listen movie songs will tune his radio accordingly. Likewise, this world is full of different things and it is in our hands to divert our mind in the way we want. If we wish to do good deeds we take our mind towards that direction but if we wish to do wrong things we will divert our mind towards the incorrect direction. All what we do in this life will be with us in for our future reincarnations. We have to bear the consequences of all the deeds (good or bad) we do in our life.

Disan vaaro lakh akhiyun saan
Tokhe sadora disando aa
Jaanan vaaro sabh tho jaane
Muha saan kuch na kuchando aa

Jeki kari tho tu chaturai
Daata saan dokhebaazi
Tu samji tho tuhinje kapat te
ram bani theendo raazi
hu tuhinji har hik harkat khe
naath nazar mein rakhando aa

disan varo lakh akhiyun saan
tokhe sadora disando aa

BHAJAN

Nothing is hidden from our Almighty, he keeps a watch on us constantly whatever we do, be it good or bad is witnessed by him. He has his eyes everywhere be it on earth or wind, the sun or the moon, He is constantly keeping an eye on the whole universe. So we should always be aware of His existence. He is present everywhere, we cannot escape from him. So it is said by our Guru that we should keep on doing good because for every deed we do we have to bear the consequences that come with it. God will always help us and show us the path to lead our life in a right way, we only have to make an effort to do follow it. So let us alert our mind and pray:

Tum hi Satguru tum pita maata
Tum hi harihar tum hi vidhata
Hum hai bhikhari tum ho daata
Baar baar lakh baar namahmi
Jai jai jai Teonram Swami
Kirpa karo Guru antaryaami



BHAJAN

OM SATNAM SAKHI