

OM SATNAM SAKHI

Satsang of Swami Bhagat Prakash Maharaj 29th July 2008



Shree ram jai ram jai jai ram
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Satguru sat budhi daan de haro kumat ku vichaar
Kahe teon kirpa kare dijiye gyaan bhandhaar

Oh, my Lord! Prays Satguru Swami Teonram Maharaj. Please, bless me with good thoughts and bestow on me the gift of knowledge.

Satguru mann tharyo tato kot janam jo
Diyo baryo ghar mein mu thakur dekharyo
Saami nivaryo avidhya roop andar jo

With the blessings of my Lord, the darkness inside my mind was illuminated by the flame of brightness which gave me the glimpse of my Almighty and helped me to remove all my ignorance.

Teri sukhkari soorat naino mein bas jaye
Aakhon ko band karlu dooja na nazar aye
Har shann ho safal mera darshan tera paake
Vardaan yahi dedo mere satguru sukh daate
Beete ye mera jeevan tere gunn gaate gaate

I pray my Lord that every time I open my eyes I should only get your sacred vision and nothing else. Every breath I take should be successful by reciting your name. This is my prayer to you, my Lord, please fulfil it.

In pavon se chalkar amrapur mein aun
Haathon se karun sheva mann se tujko dhyaun
Satnam sakhshi mantrar sumrun pite khathe
Vardaan yahi dedo mere satguru sukh daate
Beete ye mera jeevan tere gunn gaate gaate

With my feet I should come to your door, my Lord, and with my hands I would like to serve you day and night. I wish to recite the mantra of Satnam Sakhi every moment of my life. This is the blessing which I crave for: I wish to spend my whole life singing your chants my Almighty.

Satguru sat budhi daan de, haro kumat kuvichaar
Kahe teon kirpa kare dijiye gyaan bhandhaar

Oh, my Lord! Prays Swami Teoram Maharaj. Please, bless me with good thoughts in my mind. I should not have any hard feelings for anybody in my mind. If one robber enters our house to steal we will lose every penny which we have earned throughout our life. Whatever we have secured in our safe deposit with one robber everything will be stolen. In the same way, all the good deeds

which we have earned throughout our life will be destroyed with only one bad thought which enters our mind. So we have to be our mind away from any bad thought. Only one is capable of destroying us.

We have devoted ourselves to God for many years, but if for one second anger enters our mind all our devotion will be forgotten. The strength of anger is such. In Bhagwat Geeta, Lord Krishna tries to explain to Arjun that "you have to keep yourself away from all evil thoughts only then you will be able to reach your destination". When in one hotel all the rooms are full there will be no place for anyone to enter. In the same way, when our mind is occupied with the name of God no other thought will be able to enter.

Khali mann shaitaan jo ghar

Idle mind is a devil's workshop, so we should not keep our mind idle or empty. It should always be occupied with the name of God. Our mind should be divided in two parts. One with our duties which we have to complete and the other part should be dedicated to God and not with unnecessary things which are of no use.

**Samay jo gujar jaave yaad na tum tahn kar
Aane vale waqt ki bhi chinta mann mein nahin dhar**

Our Gurus give us this message that we should forget our past which is of no use to us and also not to worry about the future which is to come. We keep our old accounts for sometime and then we burn them because they will be of no use to us in the same way our past will always disturb us so we should try to bury it. It is said in our religious books that our worst enemy is our past which will always disturb us when we sit for meditation so we have to forget it for our own good. All our good and bad things which have occurred in our past come in our mind when we close our eyes for meditation and this will not let us concentrate in the name of God. On the base of our past things we begin to make illusions for our future which is still away from us. Our destiny is already decided only we have to wait for it to occur.

**Tu kuch aur vicharath hai narsinh aur vichaar dharyo hi rahiyo ram
Lakh upaye kare mann ke hit bhagya likhiyo hi gayo o ram**

We think something in our mind but what ever has to happen will happen, because our future is already decided by our deeds which we have done in our previous and present birth. If we sow the seeds of mango we will grow a mango tree but if we sow the seeds of thorns then we will grow a tree full of thorns so all our past and present deeds will come to us in the form of our destiny. So we should try to do all good actions in our present life so that we don't suffer in our next reincarnations. Whoever is born brings his luck with him.

**Dhani ji gat dhani jaane subhañe alaye chaa theendo
Manush koyi na pehchane subhañe alaye cha theendo
Yudhishtar bhi hayon dharo mile jiye raaj musaro
Vayo banvaas vecharo subhañe alaye cha theendo
Vari ghar ghar the vadhayi vathe tho raaj raghurayi
Vayi kal khet na kayi subhañe alaye cha theendo
Dhani ji gat dhani jañe subhañe alaye cha theendo**

We should not waste our time in planning unnecessary things for our future because they are of no use in the same way we should forget our past but learn from it so that we do not repeat the mistakes which we have committed. In this way, by burring the past we will be able to gain our peace of mind and concentration in reciting the name of God. Our present is based on our past and our future will be made on the base of our present so we should try to make our present successful by keeping our mind occupied in the name of God and not in worries which are our own creation.

**Kabir mann to ek hai bhavé jahan lagaye
Bhave hari ki bhakti kar bhavé vishayé kamaye**

Says Sant Kabir that our mind is like a machine which keeps on functioning it will divert in the way which we choose to make it go. If we take it on the path of God it will go that way but if we take it on the path of worldly vices it will go on that way so it is in our hands to drive our mind the way we wish to. The driving wheel of our car is in our hands and we choose the direction we want in the same way the wheel of our mind is in our hands and we choose the path which we want.

To control our mind depends on us totally. One who wishes to fast will find it difficult to do it in the beginning but with time it will become easy. Our body will become used to it. To mould our mind and our character is in our hands. When a child is small he will learn whatever his elders and his surroundings will teach him .our mind is also the same it will learn whatever we try to teach it only we have to remove our past from it.

**Gujriyun je gaalyun se dil ta visare chad
Jhunan hisaban ja kagag tu fade chad
Yaadyun puranyun khe seene mein saade chad
Mann je khayalan khe mann saan hi mare chad
Vayo waqt moti na indo vari
Ajayo na tehenji tu gantyun mein gar
Gujriyal ji chinta na kar
Agte ji ganti na kar
Har pal mein naam jo simran kar**

Bury your past my friend and close all the old accounts of your life say our Gurus. Our past will not come back again so we should not remember it and we should make our present successful by reciting the name of God.

**Chinta na kar manada agate bhalí theendi
Sai ji kirpa saan Aukhi na ka indi
Indi agar mushkil jaldi tari vendi
Sharda tuhinji tokhe shakti ghani deendi
Indar zamane ji chinta kare
Ajayo na manada gantiyun mein gar
Gujriyal ji chinta na kar
Agte ji ganti na kar
Har pal mein naam jo simran kar**

Don't worry, my friend, everything will be good our devotion for God will give us strength to face all our difficulties which come in our way. So stop worrying and keep on singing the chants of almighty.

**Halandar hin velaji mehema nirali aa
Heeran javaran khan tehenjo mul bhari aa
Jeetyo jeh mann jeeti duniya teh saari aa
Pan Tariyo jag maa aakaye teh taari aa
Indar zamane ji chinta kare
Ajayo na manada muft mein tu marr
Gujriyal ji chinta na kar
Agte ji ganti na kar
Har pal mein naam jo simran kar**

The present is very valuable for us it is more than all the precious stones which exists in this world. One who rules over his mind is able to rule the whole world and in this way he not only makes the way to reach the eternal abode but also helps others around him to reach their aim. So don't worry about your future or your past and make your present successful by remembering your Lord.

One who is able to destroy all the past from his mind will be able to concentrate in the name of God. His past will not disturb him when he meditates. He will be able to disconnect from the world. Our life is short says our Guru. We have gone through innumerable births but if our deeds done by us in our previous births are good then we will again gain human birth and we will be born again on this earth. We have left behind our families in all the births which we have taken but we do not recognise them when we are born again because everybody gets a different form in every birth

That is why our Gurus try to explain us that we should make our life successful by remembering God and not indulging ourselves in creating bonds of love and desires. Just like when one stays in a hotel or in dharamshala he does not become close to anyone, when we board a plane there are many passengers but when the plane reaches its destination everybody goes on his own way in the same way in this human birth we have come across many people but when we leave this world all our ties will be broken and everyone will go their own way.

**Nadi nav ka yeh jag mela
Jaan madari ka yeh khela re
Aya kinara toota tamasha
Kare na ko pehchan
Tum do din ka mehemaan**

The connection between people in this world is like that between one boat and the bridge when the boat reaches its destination no one will recognise each other everyone will go on its his way.

**Ek ped pe panchi aake
Raat ko baithe rimjim gaate
Bhaya savera sab ud jave
Tyon jag ka parmaan
Tum do din ka mehemaan**

When the night falls all the birds take shelter on the branches of one tree but with sunrise all the birds fly away in different directions. This is same relation which we have in this world with each other.

**Is jag mein praani re
Tum do din ka mehemaan**

Our Gurus try to make us understand that our stay in this world is of two days .we should not forget that we have come to complete our duties and then go away .so we should make our mind understand our aim and try to take the shelter of our Gurus in order to control it. By taking naam from our Gurus we will get the strength to concentrate in the name of God. So let us pray at the sacred feet of God:

**Tum hi satguru tum pita maata
Tum hi hari har tum hi vidhaata
Baar baar lakh baar namahmi.**

OM SATNAM SAKHI