

## Om Shree Satnam Sakhi

Sanatan dharma ki jai  
Shri ram krishna bhagwan ki jai  
Shri shankar bhagwan ki jai  
Shri laxminarayan bhagwan ki jai  
Satguru teoram maharaj ki jai  
Satguru sarvanand maharaj ki jai  
Satguru shantiprakash maharaj ki jai  
Satguru hardasram maharaj ki jai  
Sarva santan ki jai  
Prem prakash mandal ki jai  
Amrapur darbar ki jai

Nishokamanam,Gatragdwesham,Gyanekasuryam,Jagadeshavandam,Adhyatmaleenam,Vinayvirtkama  
m,Shree Teoramam sharnam prapadhya

Sarvananda pradataram,Sarvanada vikasakam,Sarvanada vikaramchya,Shree Sarvaanada namanigham

Shree ram jai ram jai ram  
Shree ram jai ram jai ram

Gaflat mein na gavainye maanush deh mahaan  
Kahe Teoon tum jagake bhajle shree bhagwaan

Swami Teoram says that this birth of human being is very sacred so don't waste it in unnecessary things.wake up and take the name of god.

Mile hiya joon hare ram durlabh maanush deh khe  
Jehekhe chahin devata  
Mili saad sangat saan  
Jaagi bhandhan chod

It is not very easy to get this birth.even gods strive for it..so in the company of pious saints wake up and break all the ties.

Hin dehi khe jeeva charar siksaan sabhai chahin tha  
Devi devta kindhar gandhav bhaag vadhe saan pahin tha  
Ehdi durlabh dehi khe chad gaflat mein na gavaye  
Miliyo manush janam tokhe ahe,so viarath chad na vinaaye  
Har har ehdo mile na cholo,vath tu safal banaye

Everybody craves for this human birth.gods and goddesses get this birth with lots of luck.so don't waste this precious birth in unnecessary things. You will not get this birth again and again.

Miliyo manush janam tokhe ahe,so viarath chad na vinaaye  
Har har ehdo mile na cholo vath tu safal banaaye

Hina dehi ji mehama bhaari,vedh en granth budhain tha  
Rishi muni en gyaani dhyaani,sant saadh bhi gayin tha

Jeheme bhagti sadhan saare,prabhu khe vath paaye  
Miliyo manush janam tokhe ahe,so viarath chad na vinaaye  
The meaning of this human body is told by all the vedas and granths.all rishis and Munnis and all intelligent souls also sing praises .you put all your prayers in it to reach god.so don't waste your time in unnecessary things. Make the most of it.

Gaflat mein na gavainye manush deh mahaan  
Kahe teoon tum jagake bhajle shree bhagwaan

Swami Teoram maharaj tries to explain to his own mind that keep yourself away from unnecessary things.your life is very short.it looks like it is very long but it is not like that. When we buy some food from the market we always see that it has expiry date. Like that our life also has its expiry date .we take a breath and take it out but there is no surety that we will take the next breath . .that is why all the saints and sacred books have written that when we breathe we should think that this can be our last breath.and that each breath we should try to make it successful.one mahatma wrote:

Rajab Swaas ko teen lok nahi mol  
Virtha nahi gavaiyo ehso swaas anmol  
Swaas swaas simran karo  
Virtha swaas mat khoye  
Kya jaane ke ant kaal  
Yehi swaas mat hoye

Your breath is very valuable says mahatma.so try not to waste it unnecessary each breath should be taken with the name of the lord.who knows when we will be deprived of our last breath.we never know when our end will come .be young or old ,be in your house or in outside when one does not know when his end will come. It is said in Bhagwat geeta one who is intelligent or not ,is powerful or weak, is poor or rich everybody's end is sure .no one can escape from this law of life.thus swamiji tries to explain his own mind that your life is valuable .Try to collect things which will help you to make it successful.try to collect some good deeds .If you make others happy that will be your good deeds you will free yourself from big calamities.your way ahead is very difficult.

Agayaan jam ji vaat adaain  
Ram naam hute thiye sahaai  
Dhyaan dhani jo mann dhaar tu dhaar tu  
Premi pyaara ram naam na visaar tu  
Heero hi janam na haar tu na haar tu  
Premi pyaara ram naam na visar tu

The roads of the World are known to you but the way to each god is unknown and difficult .When one after death goes on his eternal way there is no one with him only his deeds are with him .He sees that he has left the material world and all his near and dear ones.He has left his body behind and only his soul is alive. According to his good and bad deeds his soul will get his next birth.only his body which is made of five elements is left behind and he sees how it is being converted in ashes and mixed with this earth.and only our soul which is immortal goes ahead

.Swamiji explains that you were before also and you will be after also don't think that your end will come.you existed before your birth and will exist after your death also.you are something that will never be destroyed.Thus all the saints try to explain for their own self that your life is unending .it does not start with your birth nor will end with your death.So you please make something useful in your life

because only your good deeds will help you in future. whatever you have gained in your previous births you will enjoy in this birth and whatever you gain in this birth you will enjoy in your next birth so think about it .

When a person is born all his deeds which he has gained in his previous birth are with him and according to them he knows how his life will be .In the same way when he dies all his deeds which he has gained in his present life are with him and according to them he will get his next birth.

Karam kare jo peheri ayen  
Tehejo fhal tu haane paye  
Haane jo fhal agate paaye  
Mann soch tu kuch loch tu

According to our deeds we get our happiness and sorrows and human birth.this whole world is based on everybodys past deeds. That is why we should always do good.

Avashiya medham bugtatyam  
Tritam Karam shubha shubham

The fruit of your deeds is always there and even if you go through 100 births you have to bear the fruit of your deeds.lord Krishna and lord Ram with their different stories and according to our hindu religion we are explained that our body and soul are not one .our body is destroyed but our soul is immortal. It never dies .till we don't reach our eternal stage we will continue in the circle of life and death. When one dies we remember him for some time . with generations ahead and time his name will go on disappearing.this body is destroyable only which is immortal is our soul.and our deeds which we do.

The preachings of our gurus and saints try to tell us that we have come alone in this world and will also go alone from this world. They try to wake us up and tell us that we should complete our duties and reach our aim where there will be no sorrow and unhappiness.we keep on asking and the lord keeps on giving us but once we wake up our inside we will stop asking. And we will gain peace.our peace of mind is in side ourself .we will not gain anything outside.god says I live inside you.

Khayan mahel khaye gad tosan  
Gaayen mahel gaye gad tosan  
Budhan mahel budhe gun gaan  
Nirmal nenan saan dis thaye  
Ahe tohsan gaad bhagwaan  
Nirmal nenan saan dis thaye

When we eat, the lord eats with us when we sing he sings with us. This is his strength which counts.just like how with the strength of light all the switches work and the power house work the bulbs lighten, air condition makes the room cool,.In the same way it is the strength of almighty which moves the whole universe .Even in ourself it is his strength that is functioning when we sleep our breathing is on thanks to his almighty.Just like how the moon and the stars are bound with him our each breath is bound with the strength of lord. So we have to make our eyesite pure to see him and understand that the lord is not separate from us .he is bound ed with us.

Kabira mann nirmal bhayaa ,jaisi ganga neer

Peeche pheeche harth phire kahete kabeer

So we should try to understand what our guru is trying to explain .One day one preme asked his guru that I listen to your satsang I remember my naam but still I don't gain peace.of mind.On that his guru told him that time will come when I will reply your question.One day his guru accompanied him to the river's edge and told him to fill his basket with the river water .he did as he was told he filled the basket with water but when he lifted the basket the water fell down from the holes which were there in the basket.he repeated again but once again the basket was empty .on that his guru told him that in the same way your mind also has many holes in it that inspite of listening to many satsangs and reciting naam again and again you cannot gain peace of mind.This is because you have many unnecessary things in your mind which make your mind unstable.Till you don't clean your mind and don't try to make it stable till then all the teachings of your guru will not have any effect on you.

Ramayan is same even Bhagwat geeta is the same only our mind is different .This is because it is full of outside noise. Once we remove all the outside noise we will be able to get peace of mind and will also get darshan of our lord.Just like when we put on the radio we only hear some interferences but when we catch the right station we hear the radio clearly .In the same way when we control our mind and cut it off from the outside noise we will be able to concentrate on our naam and will reach our lord.

Dithi jyot jogiyun iha saagi aa jehdi tohme aa tehdi muhme aa  
Sabhni mein soorat saagi aa  
Jehdi tomein aa tehedi muhme aa  
Maalik ji moorat saagi aa  
Jehdi tohmein aa ,tehdi mume aa  
Hare ram hare ram ram ram ram  
Radhe shyam radhe shyam shyam shaym

The image of lord is the same in everyone .He has made everybody in the same way. He has given the same parts of body to everybody ,the same cords of meeting with the lord.

Dena tha so de diya deeni manush deh

Man told god that give me ,on that god told him what is left to give you i have given you everything. You see the image of ram he has the same hands and same legs evn the image of Krishna is the same. All the incarnations of god which have taken place are the same like us. All have been human beings like us. The seed of good deed is sown in every person .but the tree will grow only when one controls his mind and makes it stable .everything is done through our mind.

Mann ke hare hariye,mann ke jeete jeet  
Mann hi se prabhu paaiye,mann hi se par preet.

All the saints and yogis have controled their mind. They have great strength in them to do it.We also have this strength but it is hidden we have to wake up and only then we will be able to lighten our inside with gyaan.Swami Teeonram took birth in a small village of sind and their teachings were different from a normal man. All the pious saints have a different way of guiding human beings.They are different from the worldly people..They keep away from the worldly things and are always chanting the name of god.

Jog kamaye jogi thiyada

Mann indriyun khe jeete mann indriyun khe jeete.  
Hare ram ram ram ram  
Radhe sham shyam shyam  
Kahe teon kan aash na kehedi  
Jag khan rahan nihara  
Jogi ta muhinje jeya ja jeeyara  
jiya ja jeeyara ,jiya ja jeeyara

Translation of bhajan-By meditation they become recluses, dominating the mind and senses. Says Teon they do not crave for anything and are indifferent to the wordly matters these recluses are dear to my heart.

Our mind and our thinking guide us always they take us to the right and the wrong path. Our thoughts are our friends and enemies too. Just like a car will not go where ever it feels like one who drives the car will control it and take it to his destination in the same way our mind controls all our good and bad deeds. Our body is controlled by our mind. According to our thoughts we will do good or bad. Everything is decided by our mind. so we have to try and control our mind only then we will be able to gain our peace of mind and will be able to meet our eternal peace. The lord is not away from us.

Prabhu tujhse dur nahin, par tere hi kasoor nahin

We are not away from lord but we are not aware of it.

Baalapan khelan gayaa, youvan bhoge bhog  
Budapan mein paaliyaa aasha trishna rog  
Teen avastha yun gayi toh na aye laaj  
Kahe teon kyon na kiyaa , karma tha jo kaarj

We have passed our childhood in playing and our youth in unnecessary whims thinking that we will chant the name of god in our old age but when we are old we have gained wishes and sickness. We have wasted our three stages of life unnecessarily. We realize this when our end is near . Just like when we keep on spending money and when it comes to an end we realize that we have not saved a penny in the same way when our end is near we realize that we have wasted our life but it is too late. So we have to wake up before.

Jeki kari so hañe kare vath waqt athai waqt athai  
Seva simaran daan karan jo waqt athai waqt athai  
Janam dino athai janam dino athai  
Janam dino athai bhagwan aa  
Dhyaan tu rakhje dil mein vari kona indo indo vari kona indo  
Satsang kar tu satsang kar tu  
Satsang kar tu sharda saan, manush janam hi ehdo vari kon indo indo  
Vari kon indo

Translation of the Bhajan-

Whatever you have to do ,do it now service, meditation donation because now is the right time God has given you this human birth. Think you will not get this chance again. Join the congregation of saints with benevolence because you will not attain this human birth again.

If you want do any good deed this is the time to do it. We indulge ourselves in worldly vices and forget that this human birth we will not get again so this is the time to do whatever good we wish to do. We come close to our near ones but they are the ones who leave us alone in our bad times. So we

have to wake up now and realize that only the blessings of pious saints will help us and guide us to the right path. Our gurus will help us in our way of life. when we cannot concentrate in our naam we should pray to our lord and he will make every difficult path easy for us. And will help us to gain our peace of mind.

Tum hi satguru tum pita mata  
Tum hi harihar tumhi vidhata  
Hum hain bhikhari tum ho data  
Baar baar lakh baar namahmi  
Jai jai jai teonram swami  
Kirpa karo guru antaryaami. .